

Collaborative Education Series

MaineGeneral YouTube

'On-Demand' Presentation

Audience: AT's, PT's, OT's,
other medical professionals
and students.

Date: **On-Demand**

Time: **On-Demand**

Tuition:
\$7.50

For Registration:

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CEU certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on BOC website

Search for P2258

On-Demand: Substance Abuse in Athletes and PEDs

CAT A Presentation

Program Date: July 22, 2024
Release as On-Demand Date: July 22, 2024
Expiration Date: July 22, 2027

Presenters:

ON-DEMAND **James Poulin, MD**
Kevin Connolly, DO

Maine-Dartmouth Family Residency
Maine-Dartmouth Family Residency

- Substance abuse comes in many forms for athletes, starting potentially at young ages. Within the athletic setting, there is a certain number of our patients who are currently using, have used, or will in the future abuse performance enhancing drugs, narcotics, ergogenic aids and other banned substances. Athletic trainers must have a solid, current and reliable knowledge base about the various governing bodies, rules and regulations, physiological changes, and risks for our athletes in relation to substance abuse.

- By participating in this program, the viewer will gain identification tools for in clinic and on field recognition of signs and symptoms of someone abusing certain substances. Integrate knowledge of substance abuse physiologic changes and become more aware of these symptoms or behaviors being displayed by the athlete. Prepare educational information for the athlete, parent and coach to prevent and discourage the use and abuse of banned performance enhancing substances and ergogenic aids for the athlete. Outline guidelines and risks for substance abuse in sports.

Objectives:

- Review epidemiology, risks, and guidelines for substance abuse in sports.
- Gain knowledge in the introduction of substance abuse and PED's in athletics.
- Review different ergogenic aids including banned substances, physiological changes to substances and performance advantages.

To view all our BOC On-Demand Programs:

SCAN



For AT's, PT's, OT's EMT's, MA's



According to the education levels described by the PDC, the following continuing education course is considered to be **Advanced**.

Credits awarded:

CEU's awarded: .5 CAT A CEUs

MaineGeneral Medical Center (BOC AP#: P2258) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of (.5) CAT A CEUs. ATs should claim only those hours actually spent in the educational program.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

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Medical Center



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